



2006 NATIONAL  
SAFETY  
MONTH  
10th Anniversary

MAKING OUR WORLD A SAFER PLACE

## WATER RECREATION SAFETY



### Keep summer fun afloat with these tips for safe swimming and boating

- :: If you have a home swimming pool, install barriers with self-closing and self-latching gates. For above ground pools, secure and lock steps and ladders, or remove them when the pool's not in use.
- :: Always have a first-aid kit and emergency phone contacts handy. And learn CPR!
- :: Never let kids swim unsupervised.
- :: Enroll kids over age three in swimming lessons taught by qualified instructors. But keep in mind that lessons don't make your child "drown-proof."
- :: Drowning isn't the only danger – there's lightning. If you see storm clouds or hear thunder, get out of the water immediately to avoid electrocution.
- :: Always follow posted safety precautions when visiting water parks.
- :: If you're visiting a public pool, keep an eye on your kids. Lifeguards aren't babysitters.
- :: Never consume alcohol when operating a boat or swimming.
- :: Always use approved personal flotation devices (life jackets).
- :: Don't underestimate the power of water. Even if they look calm, rivers and lakes can have undertows.

Sources: "How to Prevent a Drowning," *Family Safety & Health*, National Safety Council, 2003

"Frequently Asked Questions About Pool Safety," *Family Safety & Health*, National Safety Council, 2000

National SAFEKIDS Campaign

U.S. Consumer Product Safety Commission

