

Jewelry Safety

When considering the safety precautions you should take while doing a job. You usually think about personal protective equipment you should put on, like safety glasses, gloves, fall harnesses, etc...but what about items you should take off.

The majority of jewelry injuries are caused by a finger ring catching on an object.

Examples of **work situations where this could happen:**

- * Climbing or descending activities where a person could fall or jump from an elevated surface: scaffolds, ladders, getting off equipment/tractors.
- * Work activities where you may be exposed to moving machinery, rotating or revolving parts, or any task that could result in hands being caught in moving parts.
- * Where you are exposed to energized electrical circuits.

False assumption:

Placing tape over a ring or wearing gloves on the hand with a ring does not provide protection or eliminate the need to remove a finger ring. A ring could still be crushed on the finger and have to be removed surgically.

Any jewelry, such as watches, bracelets, and necklaces, represents a potential for catching, snagging, pulling or tearing and should not be worn during the above work situations.



Better to not wear a ring for the day, than never again!