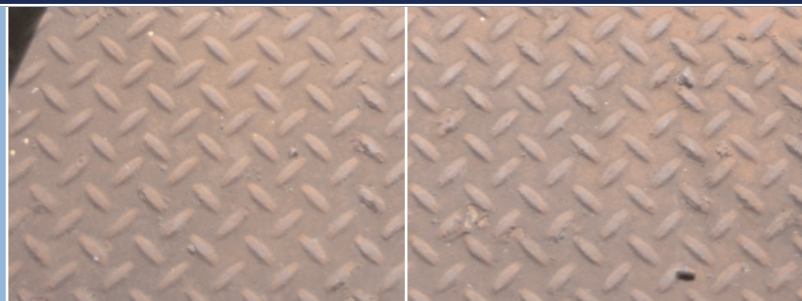




2006 NATIONAL
SAFETY
MONTH
10th Anniversary

MAKING OUR WORLD A SAFER PLACE

FALLS IN THE WORKPLACE



Slips, trips, and falls happen in every workplace.
Watch your step and follow these helpful tips.

- :: Pick it up! Keep all aisles, stairs and walkways free of clutter.
- :: Cabinet drawers should always be closed when you're not using them.
- :: Turn on the lights before you enter a room. And report any burned-out bulbs to housekeeping as soon as possible.
- :: Always use handrails on the stairs, and take one step at a time.
- :: Broken stairs or loose stair coverings? Report them right away!
- :: Avoid close encounters: Make wide turns around corners, so you can see who's coming.
- :: If you spot a spill, clean it up or report it immediately.
- :: Stay away from shortcuts. The route less traveled may be less safe!
- :: Don't overload – take only what you can carry comfortably, and make sure you can see over it.
- :: When walking on a wet or slippery surface, slow down, take small steps, and keep a hand free for balance.
- :: Put your best foot forward. Wear the right shoes for the job, and keep the soles clean for better traction.
- :: Place chains, guardrails, or warning tapes around elevated areas.
- :: Keep all harnesses and other fall protection equipment in working order, and use them correctly.

Source: *Preventing Slips and Falls*, National Safety Council, 1993

