

DID YOU SEE THAT?

One of the most valuable possessions of every human is good vision. Despite the progress of modern medicine, there is no way to replace an eye that is injured or has lost vision completely. Every day an estimated 1,000 eye injuries occur in American workplaces.

To protect the eyes, follow these safety tips:

- Wear goggles or a face shield around flying chips or particles, electrical arcing or sparks, chemical gases or vapors, harmful light, liquid chemicals, acids, or caustics, molten metal, dusts, or swinging objects like ropes or chains.
- Turn containers away from the face when opening.
- Remove protective eye wear only after turning off the tool.
- Outdated or scratched prescription lenses can distort vision.
- Replace cracked, pitted or damaged goggles or spectacles.
- Concentrate on task at hand when using power tools.
- Stop and relax the eyes if they are becoming strained.
- Keep sharp or pointed objects away from the face and eyes.
- Be certain that protective eye wear is approved protection against the hazard for which it is being used.
- If filter lenses are used, be certain that the filter lens is of a shade number appropriate for the type of work.

If an eye injury occurs, quick action can prevent a permanent disability:

- Never rub your eye, if you feel something is in it.
- If the object can not be easily removed or is embedded in the eyeball, go to an eye doctor immediately
- Emergency eyewashes should be placed in all hazardous areas
- When washing a chemical out of your eyes, do it for at least 10 minutes.

90% of eye injuries can be prevented through the use of proper protective eyewear

